

Aurora Walks Gently, MA, BF, CFMW

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Inspiring, facilitating, and co-creating individual, community and planetary well-being.

Significant Work History

Aurora Walks Gently Facilitation & Training www.AuroraWalksGently.com 2018-Current

Principal: Co-creating possibilities for individuals and groups via coaching, clearing, teaching, speaking, writing, ceremony and energy work in person, by phone and online;

Spirit Song Products and Services www.SpiritSongPAndS.com 2014-Current

Principal: Energetic essences and other products; community networking; home, property, farm & animal caretaking. Included facilitation and training until 2018...website in re-design

The Garden Devas 2015-Current

Co-Principal: *Co-creating with Nature for YOU.* Offering four season, full life-cycle, Holistic garden and landscape design, implementation, and maintenance; land and home clearing.

SailMaine Office Manager, April 2011-August 2012 Portland, ME

Innisfree Village Maintenance Assistant, April-December 2010 Crozet, VA

Aromatic Solutions Office/Computer Consultant, October 2008-2010 Fishersville, VA

L.L. Bean Seasonal Customer Service Representative October-December 2009

The CommuniSense Center Office Manager, 2008-August 2009 Staunton, VA

Avtar Moore, D.O. Office Manager, 2005-August 2008 Lexington, VA

The New Monk Project Operations Coordinator, 2004-August 2005 Lexington, VA

Wetsel Wholistic Center Office Manager, 2003-December 2004 Fairfield, VA

Friends of Casco Bay Administrative Manager May 2000-June 2002
2 Fort Road, South Portland, Maine 04106 (207) 799-8574

Market Decisions, Inc. Interviewer/Business Mgr./Computer Support Nov 1998-Feb 2000

Shalom House, Inc. Data Manager/Process Analyst January-October 1997

Taggart Construction Office Assistant/Bookkeeper/Apprentice Carpenter April-November 1995

Bath Iron Works Corporation (BIW) Programmer Trainee through Senior Systems Analyst
Bath, ME 04530 March 1988-September 1994

Service Work

- Virginia Master Gardener
- Sweatlodge facilitator and ceremonial pipe carrier (Bear Tribe and Panther Lodge traditions)
- Virginia Sexual and Domestic Violence Action Alliance – Board of Directors, Survivor Caucus
- Boxerwood Gardens – Teacher/guide elementary environmental education programs
- AGAPE – Center for Soul, Community & the Arts – management council, event host, etc.

Additional Experience and Interests

Farming; fisheries; computer consulting and tutoring; aromatherapy mist development; conscious community; time banking; editing; hiking, kayaking,...

Education, Certifications and Related Experience

University of Maine (Orono) September 2012–August 2014
Master of Arts Interdisciplinary Studies (Peace & Reconciliation Studies specialization)
Thesis project:
A Holistic Well-Being Curriculum: Guiding Students Toward Success and a Sustainable World
Areas of special study: social permaculture; Native American/First Nations restorative justice

University of Maine (Orono) September 1982–August 1987
Bachelor of Arts, Computer Science (Mathematics concentration)
Air Force R.O.T.C. (commissioned into ready reserves); Mechanical Engineering (3 semesters)

Access Consciousness®

Body Process Practitioner 3 Day Body Class (24 hrs class & practice) November 4-6, 2017

Abuse Hold Practitioner Abuse Hold (2.5 hours class & practice) September 9, 2017

CFMW

Choice of Possibilities (24 hour class) August 12-14, 2017

The Foundation (32 hours of class & practice each) June 24-27, 2016; April 28-May 1, 2017

NCBTMB Approved Instructor May 5, 2017

8 CEUs for Access Bars® class and 2 CEUs for followup practicum

Certified Bars Facilitator (BF) May 10, 2016

24 hours of hands on training and practice in 3 separate Access Bars® classes:

Melanie Clapp, Greensboro, NC, USA April 23, 2016

Terry Frank, Verona, VA, USA February 27, 2016

Mary Mayer & Terry Frank, Keswick, VA, USA April 25, 2015

Access Bars Classes Taught: 9/25/2016; 2/4/2017; 2/25/2017; 9/16/2017

Access Bars Gift and Receive – Coaching, gifting, and receiving 1-2 times monthly via practitioner
Bars exchange (<https://www.meetup.com/Blue-Ridge-Access-Bars-Share/>) since April 2016

Access Bars Sessions – 100+ hours of practical experience facilitating private sessions

Additional Access Classes

Fearless Leadership (2 hour class) November, 4, 2017

A Taste of Being Intimate with You (2 hour class) August 12, 2017

A Taste of Being Magic Walking (2 hour class) April 28, 2017

Permaculture Design Course 2013

Virginia Sexual and Domestic Violence Action Alliance 2008–2009

Basic Advocacy: Crisis Intervention, Domestic Violence; Primary Prevention Conference

Touch for Health®, I-IV March 2004

Brain Gym®/Edu-K In-Depth March 2003

Ayurvedic Aromatherapy Level 2 June 1998

Reiki Master Certification April 1998

International Institute for Bau-biologie & Ecology Clearwater, FL

Electrobiology and Ecology September 1995

Indoor Air, Water, and Materials July 1995

Shelter Institute, Bath, ME Building & Design (3 week intensive) October 1994